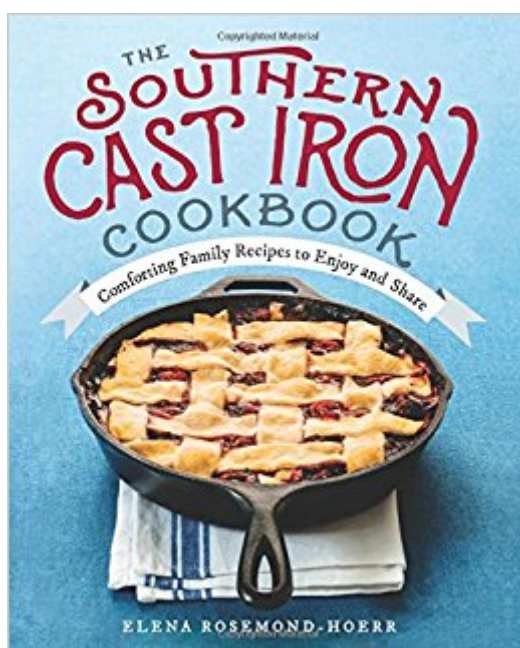


The book was found

# The Southern Cast Iron Cookbook: Comforting Family Recipes To Enjoy And Share



## Synopsis

Finally, a cast iron cookbook that does with cast iron what cast iron does best—cook delicious Southern food as timeless as the skillet itself. What's not to love about cast iron? It's versatile. It lasts forever. And most of all, it can cook just about anything. But at its core, cast iron does its best work with Southern fare. No one knows that better than North Carolina native Elena Rosemond-Hoerr, whose culinary roots extend as far into the foothills as they do into Southern cooking. Armed with a collection of skillets both new and old and a love for Southern food, Elena has demonstrated time and time again that cast iron cooking isn't one way to cook—it is the way. The Southern Cast Iron Cookbook offers Elena's heirloom recipes that have been passed down from generation to generation. This cast iron cookbook also serves as a reflection of the past and the future of Southern cooking. So whether you're new to cast iron cooking or you're a seasoned veteran, with The Southern Cast Iron Cookbook you'll enjoy: 100 Southern recipes that include beloved staples and new classics alike—along with beloved family stories of real Southern living. Handy labels specify which type of cast iron the recipe calls for—and all recipes require only a small assortment of cast iron cookware. Time-tested tips for getting the most out of your cast iron, new or vintage, as well as instructions for cast iron restoration. From fried green tomatoes to skillet corn bread, The Southern Cast Iron Cookbook honors the story of Southern cooking right along with the Southern cook's most prized kitchen possession—the cast iron skillet.

## Book Information

Paperback: 188 pages

Publisher: Rockridge Press (May 16, 2017)

Language: English

ISBN-10: 1939754089

ISBN-13: 978-1939754080

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 77 customer reviews

Best Sellers Rank: #26,491 in Books (See Top 100 in Books) #3 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Cast Iron #17 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Soul Food #32 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > South

## Customer Reviews

"I'm amazed at everything Elena can do with her beloved cast iron! She talks us through how to care for cast iron and even how to bring it back to life in case we find a skillet in someone's backyard, like she did. Elena opens our eyes to just how many foods can be made in a cast iron skillet! This book is full of so much love, and the family recipes she has so graciously shared with us will become my family's favorites too!"âChristina Lane, author of *Dessert for Two* and *Sweet and Simple*

ELENA ROSEMOND-HOERR was born and raised in Durham, North Carolina. Her familial roots in North Carolinaâs foothills and mountains reach back to the early coloniesâand she has the heirloom cast iron to prove it. In 2008 she created the Southern food blog *Biscuits and Such* that started her down a path that would include writing cookbooks and magazine features, and an unexpected career studying and contributing to Southern food culture.

This book is very informative on taking care of black iron cookware, and making it "cooking" worthy! *Southern Cast Iron Cooking* also has some awesome recipes to use in your cast iron cookware once it has been seasoned properly! Love it and suggest if you have questions about the proper way to get long life from your cast iron cookware you can find it in this book!

It gave me a lot of tips and ideas and some recipes I will use. Most of the recipes will have to be "tweaked" a bit because of my family's food preferences and allergies but all in all it was a good cook book.

Good book on cooking any type of foods on cast iron

Love the book but disappointed in the lack of photos! Great shipping and packaged well!

I learned a lot about the care and feeding of cast iron pots and pans. I have used them for years. I have already tried some of the recipes successfully.

I expected more old recipes. These were not to my taste wanted simple fair.

Easy to follow recipes! Love the section on caring for your cast iron and how to season and restore

cast iron pieces. Can't wait to make every recipe in this book!

Lots of great ideas and care of product

[Download to continue reading...](#)

Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) Cast Iron Cooking - Easy Cast Iron Skillet Home Cooking Recipes: One-pot meals, cast iron skillet cookbook, cast iron cooking, cast iron cookbook Cast Iron Cookware Recipes 4 Books in 1 Book Set - Cooking with Cast Iron Skillets (Book 1) Cast iron Cookbook (Book 2) Cooking with Cast Iron (Book 3) Paleo Cast Iron Skillet Recipes (Book 4) The Cast Iron Recipe DeLuxe: Discover 55 Amazingly Delicious Recipes For Breakfast, Lunch, Dinner and Desserts In Your Cast Iron Skillet (Cast Iron Recipes, ... Iron Cookware, Cast Iron Cookbook Book 1) The Southern Cast Iron Cookbook: Comforting Family Recipes to Enjoy and Share The Simple Skillet Cookbook: 15 Elegant and Easy Recipes for Your Cast Iron or Electric Skillet (Cast Iron Cooking - Skillet Recipes - Cast Iron Skillet Cookbook) Cast Iron Cookbook: The Only Cast Iron Skillet Cookbook and Cast Iron Skillet Recipes You Will Ever Need Cast Iron Skillet Cookbook: Easy And Delicious Cast Iron Recipes (Cast Iron Cookbook) My Lodge Cast Iron Skillet Cookbook: 101 Popular & Delicious Cast Iron Skillet Recipes (Cast Iron Recipes) (Volume 1) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes CAST IRON SKILLET COOKBOOK: Cast Iron Recipes For Delicious One Skillet Meals (Cast Iron Cookbooks and One Skillet Meals) Cast Iron Cookbook: A Cast Iron Skillet Book Filled With Delicious Cast Iron Recipes My Victoria Cast Iron Tortilla Press Cookbook: 101 Surprisingly Delicious Homemade Tortilla Recipes with Instructions (Victoria Cast Iron Tortilla Press Recipes) (Volume 1) My Victoria Cast Iron Tortilla Press Cookbook: 101 Surprisingly Delicious Homemade Tortilla Recipes with Instructions (Victoria Cast Iron Tortilla Press Recipes) Cast Iron Cookbook: Vol.3 Dinner Recipes (Cast Iron Recipes) Cast Iron Cookbook: Vol.1 Breakfast Recipes (Cast Iron Recipes) Cast Iron Cookbook: Vol.4 Dessert Recipes (Cast Iron Recipes) (Health Wealth & Happiness Book 54) Cast Iron Cookbook: Vol.2 Lunch Recipes (Cast Iron Recipes) Cast Iron Cookbook: Simple and Easy Cast Iron Skillet Recipes Cast Iron Dessert Cookbook: Delicious And Easy Cast Iron Dessert Recipes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)